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# The Perfect Chair<sup>®</sup>

PC-4 Use and Care Manual





# Congratulations!

You have just purchased one of the finest pieces of ergonomic furniture available. The Perfect Chair® is designed to deliver maximum seating comfort benefits, in combination with the elegant, well crafted design of a fine piece of furniture.

What makes this chair so special?

The Perfect Chair® is unlike any chair you have ever encountered, and it's what you can't see that counts.

Please take some time to review this Use & Care Manual before beginning to assemble your new Perfect Chair. We are confident that you will enjoy The Perfect Chair® for many years to come.



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## Ergonomic Features

- The fixed form of the seating position ensures the most ergonomically beneficial posture, at all reclining angles.
- Reclines to a physician-recommended position for pressure relief for the spine.
- Getting in and out of The Perfect Chair® is made simple with our uniquely designed leg rest and seat positioning system.
- Finger tip recline release control is effortless to use.



# Design Features

- Designed to complement any room decor.
- Rugged steel frame to ensure your Perfect Chair® lasts for years.
- Quality engineered recline system for smooth, quiet operation.
- Single apparatus braking release is unobtrusive, easy to access, and requires minimal effort to engage.

# Before Using The Perfect Chair

The Perfect Chair® is designed to be used by just about anyone, and if treated like any other fine piece of furniture, it will last for years. However, there are situations where improper use or care might cause damage to the product. Specifically, please note the following:

- The chair is designed for individual use and for body weights under 285 lbs.
- Do not sit on the chair arms under any circumstances.
- The chair is intended for stationary use, not for rocking.
- Always recline in the chair slowly to maintain optimal control of the suspension system.
- This product is not designed for use by disabled people or children without adult supervision.



# The Perfect Chair® Assembly Instructions

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Please follow these step-by-step assembly instructions to enjoy  
the full benefit of the precision that is

## Foot Frame

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- 1A Insert tapered ends of the Foot Frame into the open ends of Chair Frame. Slide Foot Frame firmly into place.



## Body Sock

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- 2A Standing at the foot end of the chair, apply tension to Body Sock by pulling toward the end of the Foot Frame.



- 2B Secure first pair hook and loop flap around cross bar.





# The Perfect Chair® Assembly Instructions (continued)

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- 2C Continue to pull end of body sock over Chair Frame until Sock is completely extended to end cross bar on Foot Frame. Pull hook and loop end flap taught, wrap and secure around cross bar.



- 2D Pull hook and loop side flaps taught, wrap and secure around cross bar.



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## Head Frame

- 3A Remove 2 retaining screws from the tapered ends of the Head Frame. Save screws to reinstall. Insert tips of Head Frame into open ends of upper chair frame taking care to face bowed cross member outward. Using a Phillips screwdriver re-install 2 retaining screws previously saved.



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## Head Sock

- 4A Slide head sock over head frame and pull firmly downward as far as it will slide.



- 5A Slip foot pocket located on underside of Body Pad over the ends of the Foot Frame. Be sure that both tips of the Foot Frame are firmly seated all the way into the bottom of the pocket.



- 5B Align Body Pad in the center of the chair. Using your hands, smooth the pad from the foot end to the shoulder end. Mating hook and loop patches will automatically align to secure the pad in-place. Leave Velcro flap at top of Body Pad folded forward.



# The Perfect Chair® Assembly Instructions (continued)

## Head Pad

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- 6A Slide Head Pad over installed Head Sock seating it firmly against the top edge of the Body Pad. Make sure that Velcro flap on the top edge of the Body Pad is still exposed, folded over the front of the Body Pad.



- 6B Tuck exposed Velcro flap up into pocket behind Head Pad and smooth flat with your hand.



## Neck Pillow

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- 7A Secure height adjustable Cervical/Lumbar Pillow at a desirable height by mating hook and loop tails with hook and loop straps.



Congratulations! You have completed the assembly of your new Perfect Chair®.



Your new Perfect Chair has been designed to provide years of comfort and healthful satisfaction. Please continue to the final sections of this manual to learn more about how to operate the Perfect Chair, how to maintain its showroom good looks, and discover a variety of options designed to make your seating experience Perfect.

# Using The Perfect Chair®

To ensure maximum enjoyment of The Perfect Chair®, please follow these instructions:

## Prepare the Chair

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Before sitting down, check to be sure the chair is in the complete upright position:

1. Release the brake by lifting up on the brake release handle on the front of the left armrest and pull the backrest forward until it stops.
2. Let go of the brake handle to lock the chair in this position.
3. Now you are ready to sit down in your Perfect Chair®.



## Adjust Recline Backward

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Before adjusting recline angle, be sure that there is nothing behind or beneath the chair.

1. While seated, hold onto both armrests.
2. Release the brake by pulling up on the brake release handle.
3. Lean backwards and recline to your desired position.
4. Let go of the brake handle to lock the chair in the new position.



## Adjust Incline Forward

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Before adjusting incline angle, be sure that there is nothing behind or beneath the chair.

1. While seated, hold onto both armrests.
2. Release the brake by pulling up on the release handle.
3. The chair is now free to tilt forward or backward.
4. To move into a more upright position, pull up on the armrests with your hands, while applying slight downward pressure with your elbows until you begin to move forward. (This technique will be acquired after the first few times you use the chair.)
5. When you have reached the desired positioned, release the brake handle, the chair will automatically lock into the new position.

## Getting Out of the Perfect Chair

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1. Hold onto both armrests.
2. Release the brake by pulling up on the brake release handle.
3. Pull upward on the armrests with your hands, while applying slight downward pressure with your elbows, until you begin to move forward.
4. Use your forward momentum to raise the chair to its complete upright position.
5. Release the brake handle to lock the chair in the upright position.
6. Use the armrests for support to stand.



# Perfect Chair® Care

Keeping your chair in great condition is easy.

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## MOVING YOUR CHAIR

If you want to move your chair to a different location, be sure to do the following:

- Have another person assist you.
- Lock the chair in the fully reclined position before moving.
- Lift the chair from the base, not the armrests or suspension system.

## BEAUTY CARE

Use the following tips for keeping your chair at its best:

- Avoid placing the chair in direct sunlight or extreme weather conditions.
- Use water-based cleaners only.



# The Perfect Chair® Limited Three (3) Year Warranty

Please read the following warranty information for important disclosures before using The Perfect Chair®.

We are pleased to let you know that The Perfect Chair® by Interactive Health, that you purchased comes with a limited three-year warranty. The warranty provides peace of mind that you are covered for mechanical or structural defects in workmanship within the coverage guidelines and limitations outlined below.

## Coverage Guidelines:

The warranty begins on the original purchase date and consists of:

- **Factory Service (Labor):** Interactive Health will supply packing materials, cover return shipping to Interactive Health, repair parts covered by this warranty and labor for repair work and return shipping to purchaser when repairs are completed.
- **Parts Only (Parts):** Interactive Health will supply repair parts that are covered by this warranty and return shipping to purchaser for repairs performed at the factory.
- **Structural (Metal Frame Only):** Interactive Health will supply packing materials and repair parts covered by this warranty and return shipping to purchaser for repairs performed at the factory.

The Perfect Chair®	Factory Service	Parts	Structural
New Products (Original Packaging Only)	90 days	3 years	3 years
Refurbished Products	60 days	6 months	6 months
Floor Demos (including "out of box")	NONE	6 months	6 months

In the unlikely event that your chair malfunctions or requires repair, please contact Interactive Health Customer Service at (800) 355-2762 or [cs@interhealth.com](mailto:cs@interhealth.com) between the hours of 9:00AM and 5:00PM PST for assistance.

All warranty service requires approval and authorization by Interactive Health. Products require a Return Merchandise Authorization Number (RMA) for any returns to the factory. For returns, the consumer is responsible for packing the product in the original box or in approved packaging that is available for sale from Interactive Health. Shipping and freight coverage under this warranty requires scheduling by Interactive Health and only includes "curb-side" pickup/delivery. Products received without a valid RMA number or one clearly marked on the box will be refused.

## General Limitations:

- The warranty is only valid within the United States and Canada provided the product has been operated according to the instructions accompanying it and has not been misused or damaged in any way that is beyond the control of Interactive Health.
- All service covered by this warranty must be approved by Interactive Health and repairs performed by authorized technicians.
- The warranty applies only to The Perfect Chair®; accessories or enhancements are not covered.
- Important exclusions apply to cosmetic items such as fabrics, woods, foams, padding, plastics covers, etc.
- Interactive Health is not responsible in any way for losses, damages, or inconvenience caused by equipment failure.
- For a complete listing of warranty coverage, exclusions, and limitations, visit [www.vitalityweb.com](http://www.vitalityweb.com).
- Proof of purchase (original receipt) is required for all warranty repairs.

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No medical claims warranted or implied by the use of this product.

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