



www.interhealth.com

The Perfect Chair®

PC-095 Use and Care Manual



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No medical claims warranted or implied by the use of this product.

PC-095-A0



Congratulations!

You have just purchased one of the finest pieces of ergonomic furniture available. The Perfect Chair® delivers maximum comfort, combined with elegant, well-crafted design.

The Perfect Chair® is unlike any chair you’ve ever encountered. Don’t let its seemingly simple design fool you – it’s what you can’t see that counts.


To ensure that you assemble your chair properly, and that you use it safely, review this manual carefully. Then sit back, relax, and enjoy your Perfect Chair® for years to come.



begin

Safety

Read all instructions before using this product.

 **WARNING:** Do not put hands or fingers near the mechanism or rollers while this product is running. Touching the mechanism can result in injury from the rollers squeezing together.

 **DANGER: To reduce the risk of electrical shock**
Always unplug this product from the electrical outlet immediately after using and before cleaning. Do not reach for this product if it has fallen into water. Unplug immediately.

 **WARNING: To reduce the risk of burns, fire, electric shock or injury to persons**

- This product should never be left unattended when plugged in.
- Unplug from outlet when not in use, and before putting on or taking off parts.
- Close supervision is necessary when this product is used by, on, or near children, invalids, or disabled persons.
- Use this product only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this product if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return this product to a service center for examination and repair.
- Always keep the power cord away from heated surfaces.
- Never operate this product with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Never drop or insert any object into any opening.
- Do not use outdoors.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
- To disconnect, remove plug from outlet.
- Do not use this product when standing on a damp floor, or when any part of the body is in contact with plumbing or any similar ground.
- This product is designed to operate on standard 120 Volt 60 Hz house current.
- Do not use this product if noise above normal sound is heard.
- This product is designed for personal in-home use. Commercial use will void warranty.

Safety Precautions

- This product was meant to be used in a relaxed position. Never force any body part into the backrest area while the rollers are moving.
- Do not allow children to use this product.
- Do not pull on the AC cord.
- Always confirm that there are no obstacles behind the product and that there is sufficient space to recline.
- When using this product after it has been in storage, check to see that the product is operating properly prior to sitting in the product.
- **Do not attempt to repair this product yourself.**
If a malfunction occurs, please contact Interactive Health at (800) 355-2762.

SAVE THESE INSTRUCTIONS

Ergonomic Features

- Electric seat-positioning system simplifies sitting down in and getting up from your chair.
- Fingertip electric recline control makes adjusting your chair position effortless.
- Physician-recommended recline position relieves pressure on the spine.
- Fixed-form seating position ensures maximum ergonomic posture at all recline angles.
- Adjustable cervical/lumbar pillow can be used as either a headrest or a lumbar pillow.
- Adjustable headrest provides maximum head support for comfortable reading or television viewing.

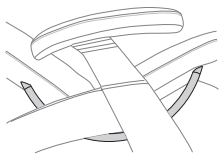
Design Features

- Architectural design complements any room décor.
- Rugged steel frame ensures your chair lasts for years.
- Engineered with ball-bearing recline system for smooth, quiet operation.
- Fingertip electric recline lever is unobtrusive, easy to access, and easy to use.

Before Using The Perfect Chair®

The Perfect Chair® can be used by just about anyone. If cared for like any other fine piece of furniture, it will last for years. To avoid damaging your chair, note the following:

- The chair is designed for use by individuals weighing under 285 pounds.
- Do not sit on the chair arms.
- Do not attempt to rock in the chair.
- Keep fingers and loose clothing away from the arced steel guide rails on both sides of the chair frame
- Disabled persons or children should not use the chair without adult supervision.



review

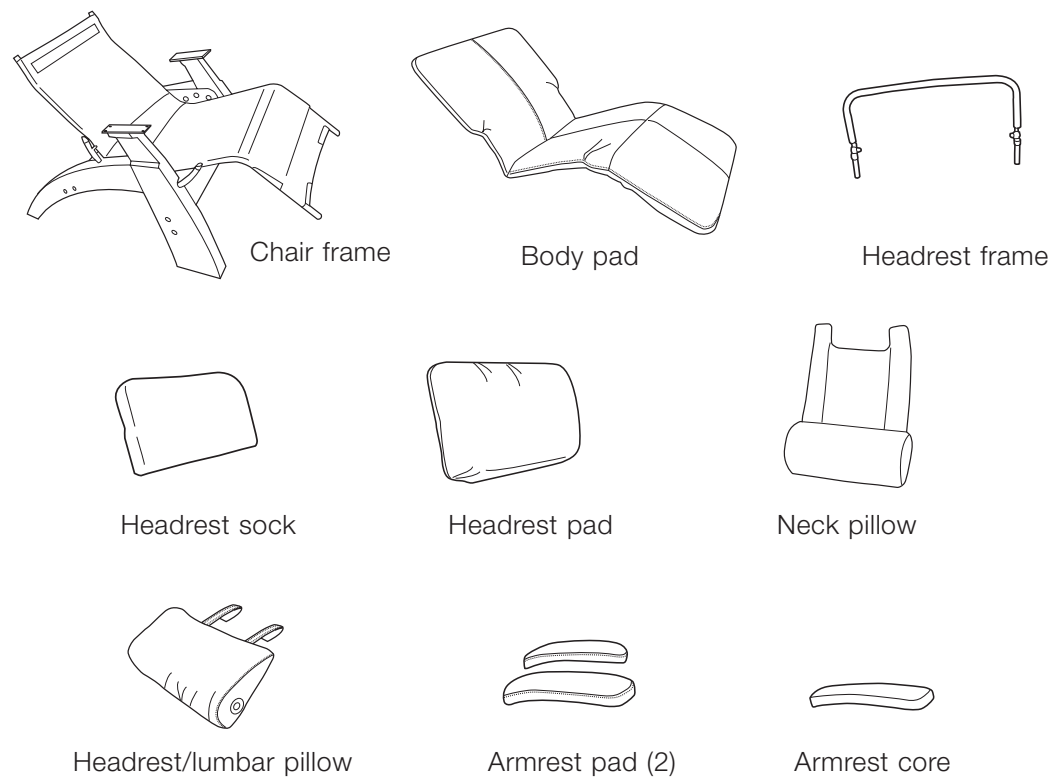


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The Perfect Chair® Assembly Instructions

Confirm the package contents

Remove all contents from the box and make sure you have each of the following items. *There are two boxes: one containing the chair and one containing the pads.*

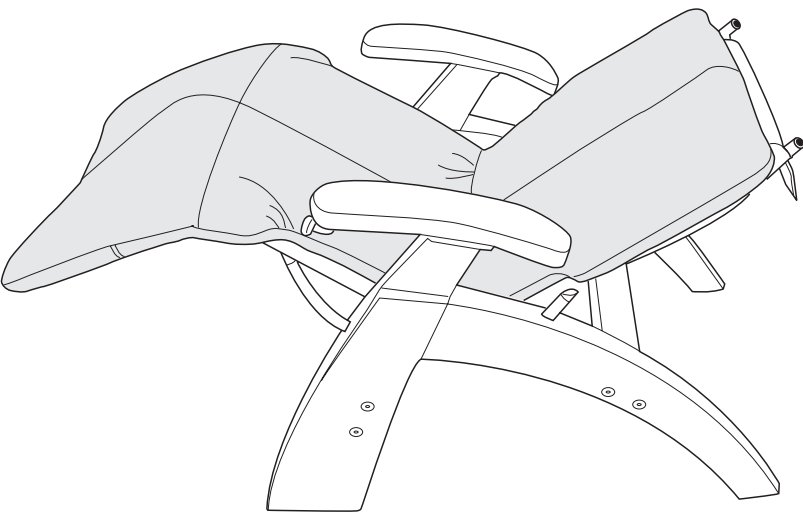
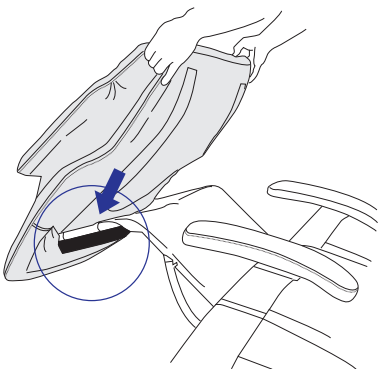


NOTE: You will need a Phillips head screwdriver to complete these assembly instructions.

CAUTION: Sitting in the Perfect Chair® before it is completely assembled could result in permanent damage to the chair and personal injury.

Attach the seat pad

1. Slide the body pad onto the lower part of the chair frame, making sure that the frame slides into the fabric pocket located on the bottom side of the pad.
2. Smooth the body pad into place, from the footrest toward the backrest. The pad is automatically secured using the hook and loop fasteners.

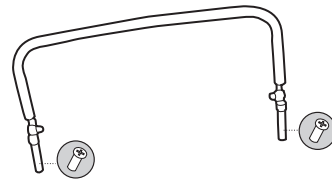


The Perfect Chair® Assembly Instructions (continued)

Attach the headrest frame

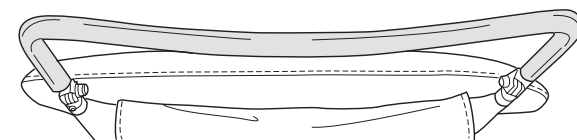
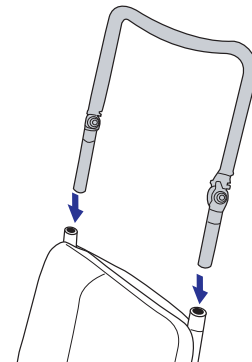
1. For your convenience, and to better position the chair for the remaining assembly, plug in the chair, then gently press down on the electric recline lever to adjust the chair to an upright position.

2. Using a Phillips head screwdriver, remove the two screws from the headrest frame. Retain them for use in step 4.

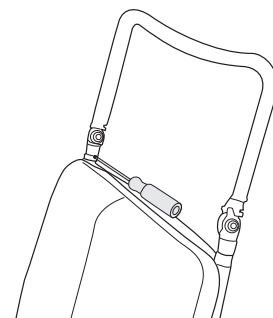


3. With the arc of the headrest frame pointing backward, slide the two ends of the headrest frame into the holes in the top of the backrest frame.

If the headrest frame is installed backward, the screw holes on the headrest frame will not line up with the screw holes on the backrest frame.



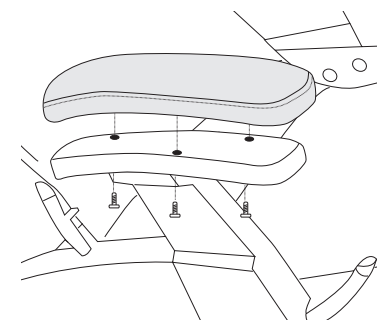
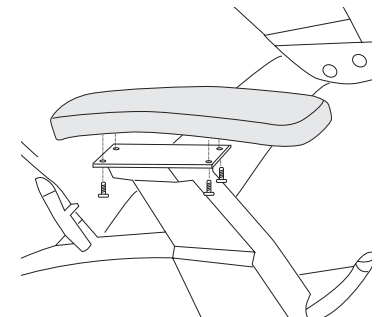
4. Replace the two screws using a Phillips head screwdriver, securing the headrest frame to the backrest frame.



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Attach armrest pad

1. Remove the four screws taped to the top of the right-hand armrest pad mounting plate.
2. Using the four screws, from the underside of the right-hand armrest, secure the armrest core. Be sure the screws are securely tightened.
3. Remove the three screws taped to the underside of the right-hand armrest pad.
4. Place the armrest pad over the right-hand armrest core you installed in step 2.
5. Using the three screws, from the underside of the right-hand armrest, secure the armrest pad. Be sure the screws are securely tightened.
6. Remove the three screws taped to the underside of the left-hand armrest pad.
7. Place the armrest pad over the left-hand armrest core.
8. Using the three screws, from the underside of the left-hand armrest, secure the armrest pad. Be sure the screws are securely tightened.



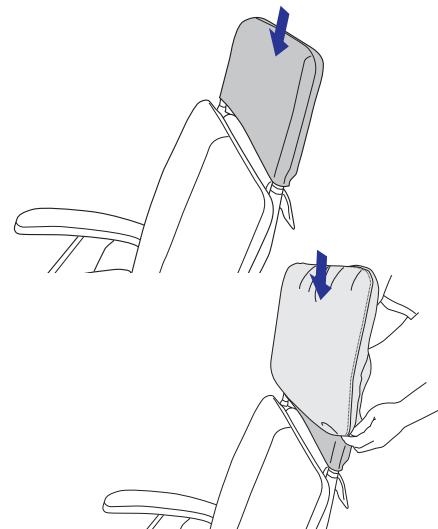
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The Perfect Chair® Assembly Instructions (continued)

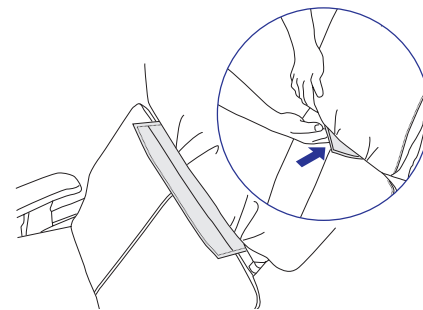
Attach the headrest pad

1. Slide the head sock over the headrest frame, as far as it will go.

2. Slide the headrest pad over the headrest frame, ensuring that the frame slides into the fabric pocket located on the bottom side of the pad. Pull the headrest pad down as far as it will go.

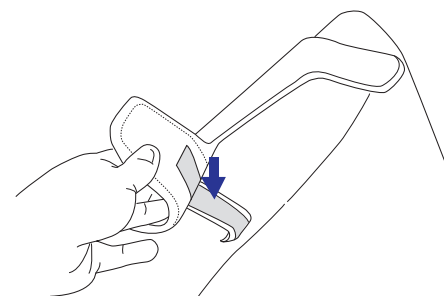


3. From the front of the chair, tuck the flap on the top of the body pad up into the headrest pad and smooth it flat. The flap is automatically secured to the pad, using the hook and loop fasteners.



Attach the neck pillow

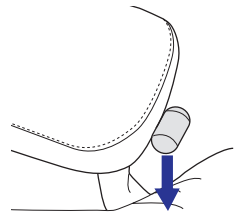
Attach the neck pillow straps to the headrest straps using the hook and loop fasteners. Adjust the neck pillow height for maximum comfort.



Using The Perfect Chair®

Before sitting in the chair

1. If you have not already done so, plug the chair into a power source.
2. Make sure the chair is in the full upright position. If it is not, press down gently on the electric recline lever until the backrest automatically stops in a full upright position and the footrest automatically stops in a vertical position (the backrest stops before the footrest).



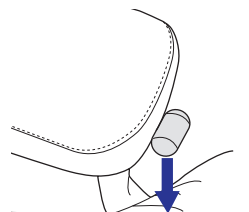
Adjusting the Recline Angle

1. Before adjusting the recline angle, be sure there is nothing located directly behind or beneath the chair.
2. While seated, gently pull up on the electric recline lever to recline, or press down on the lever to adjust the angle forward.
3. Release the lever when you reach the desired angle. The chair will automatically stop when you reach the maximum recline or the full upright position.

When adjusting the footrest up and down, you may notice a slight bumping sensation. This is caused by the footrest locking mechanism, and is perfectly normal.

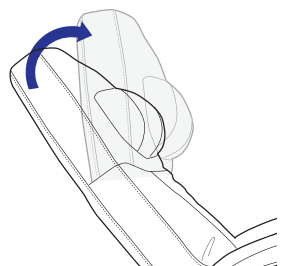
Getting Out of the Perfect Chair®

1. While seated, press down gently on the electric recline lever until the backrest automatically stops in a full upright position and the footrest automatically stops in a vertical position (the backrest stops before the footrest).
2. Use the armrests for support when getting up from the chair.



Adjusting the Headrest

1. While seated, reach up with both hands and grasp both sides of the headrest. You will feel the rigid frame beneath the soft headrest pad.
2. Grasping the rigid frame, tilt the headrest forward or backward for maximum comfort. The headrest remains in this position until you adjust it again.



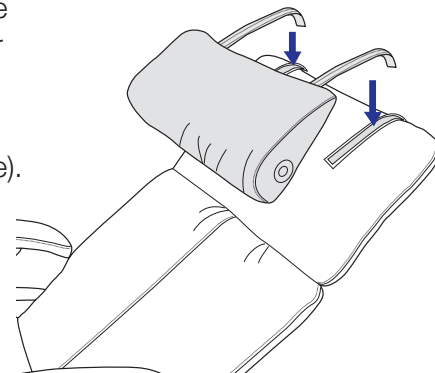
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Using the Headrest / Lumbar Pillow

Your Perfect Chair® comes with a unique headrest/lumbar pillow for use anywhere you need extra support, and is easily formed to match your body's contours.

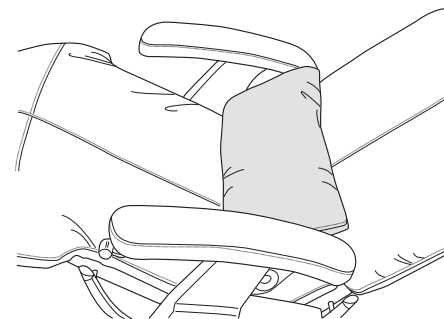
Using the pillow as a Headrest

1. If the neck pillow is installed, remove it and attach the headrest straps to the straps on the headrest/lumbar pillow using the hook and loop fasteners.
2. Adjust the pillow thickness for maximum comfort (see Adjusting Pillow Thickness on the following page).



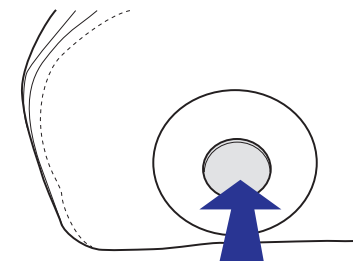
Using the pillow for Lumbar Support

1. Attach the pillow straps to the pillow using the built-in hook and loop fasteners.
2. Tuck the pillow behind the lower lumbar curve in your back.
3. Adjust the pillow thickness for maximum comfort (see Adjusting Pillow Thickness on the following page).



Adjusting Pillow Thickness

1. To compress the pillow thickness, push the ball valve while applying pressure to the pillow. When the pillow reaches the desired thickness, release the valve.
2. To reinflate the pillow, push the ball valve without applying any pressure to the pillow. When the pillow reaches the desired thickness, release the valve. It takes approximately ten seconds for the pillow to reach its full thickness.



PILLOW PERFORMANCE NOTES

- You must remove all body weight from the pillow when reinflating it.
- If the pillow has been compressed for a long period of time, it may take up to one minute to restore it to its full thickness.
- The colder the pillow is, the longer it takes to react to form changes.
- Should the ball valve leak, push the black ball in and, with a cotton swab, apply a small amount of Vaseline inside the valve.
- Keep sharp objects away from the pillow. The pillow contains a precision air-tight bladder which will cause the pillow to fail if punctured.

Perfect Chair® Care

MOVING YOUR CHAIR

If you want to move your chair to a different location, be sure to:

- Have another person assist you.
- Position the chair in the fully reclined position before moving.
- Lift the chair from the base only. Do not lift it from the armrests or suspension system.

COSMETIC CARE

To keep your chair looking its best:

- Avoid placing the chair in the direct sunlight or exposing it to any extreme weather conditions.
- Use only water-based cleaners.

MECHANICAL MAINTENANCE

The Perfect Chair® requires no mechanical maintenance. The recline screw drive located under the chair should not be handled or lubricated. It has been prepared at the factory for lifelong lubrication and trouble-free performance.

Perfect Chair® Options

Comfort and accessory options engineered to enhance the Zero Gravity Experience.

COMFORT OPTIONS

- Memory foam

ACCESSORY OPTIONS

- Accessory Table
- Spanner Table
- Wedge Table
- Leather Back Cover

LEARN MORE ABOUT PERFECT CHAIR OPTIONS

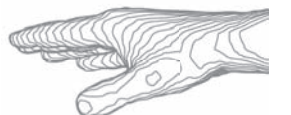
Visit www.perfectchair.com

Contact Interactive Health Customer Service at 800-355-2762 from 8:30 AM to 5 PM PST

Email Interactive Health: cs@interhealth.com



care



options

The Perfect Chair®

Please read the following warranty information for important disclosures before using The Perfect Chair®.

Limited Three (3) Year Warranty

We are pleased to let you know that The Perfect Chair® by Interactive Health, that you purchased comes with a limited three-year warranty. The warranty provides peace of mind that you are covered for mechanical or structural defects in workmanship within the coverage guidelines and limitations outlined below.

Coverage Guidelines:

The warranty begins on the original purchase date and consists of:

- Factory Service (Labor): Interactive Health will supply packing materials, cover return shipping to Interactive Health, repair parts covered by this warranty and labor for repair work and return shipping to purchaser when repairs are completed.
- Parts Only (Parts): Interactive Health will supply repair parts that are covered by this warranty and return shipping to purchaser for repairs performed at the factory.
- Structural (Metal Frame Only): Interactive Health will supply packing materials and repair parts covered by this warranty and return shipping to purchaser for repairs performed at the factory.

The Perfect Chair®	Factory Service	Parts	Structural
New Products (Original Packaging Only)	90 days	3 years	3 years
Refurbished Products	60 days	6 months	6 months
Floor Demos (including "out of box")	NONE	6 months	6 months

In the unlikely event that your chair malfunctions or requires repair, please contact Interactive Health Customer Service at (800) 355-2762 or cs@interhealth.com between the hours of 8:30AM and 5:00PM PST for assistance.

All warranty service requires approval and authorization by Interactive Health. Products require a Return Merchandise Authorization Number (RMA) for any returns to the factory. For returns, the consumer is responsible for packing the product in the original box or in approved packaging that is available for sale from Interactive Health. Shipping and freight coverage under this warranty requires scheduling by Interactive Health and only includes "curb-side" pickup/delivery. Products received without a valid RMA number or one clearly marked on the box will be refused.

General Limitations:

- The warranty is only valid within the United States and Canada provided the product has been operated according to the instructions accompanying it and has not been misused or damaged in any way that is beyond the control of Interactive Health.
- All service covered by this warranty must be approved by Interactive Health and repairs performed by authorized technicians.
- The warranty applies only to The Perfect Chair®; accessories or enhancements are not covered.
- Important exclusions apply to cosmetic items such as fabrics, woods, foams, padding, plastics covers, etc.
- Interactive Health is not responsible in any way for losses, damages, or inconvenience caused by equipment failure.
- For a complete listing of warranty coverage, exclusions, and limitations, visit www.interhealth.com.
- Proof of purchase (original receipt) is required for all warranty repairs.

longevity

Specifications:

110-120VAC
60Hz
150W(Max)

